



INVOLVING AND SAFEGUARDING TEENS

- Keep listening to your teen, no matter how difficult and argumentative he or she may become.
- Know your teen's friends and their parents. Insist on meeting any new friends.
- Bring teens into the life of the community. Let them know you value and need their skills. Get their help in solving neighborhood problems.
- Talk with your teen about dating, violence, alcohol, other drugs, and other worries. Find out what they think. Make clear your expectations and the limits you will enforce.
- Recognize that as teens mature, they should be able to handle increasing responsibility, but base that on your teen's maturity and experience, not on what "everybody does."
- Work with teens and with other parents to ensure that young people have safe, positive, and attractive alternatives to hanging out. Establish an after school program that attracts older youth.
- Help teens learn crime prevention.

For more tips on talking to teenagers on specific topics, please visit familyeducation.com

Chatham Police Department • 117 E. Mulberry Street • Chatham, IL 62629 • (217) 483-2453